

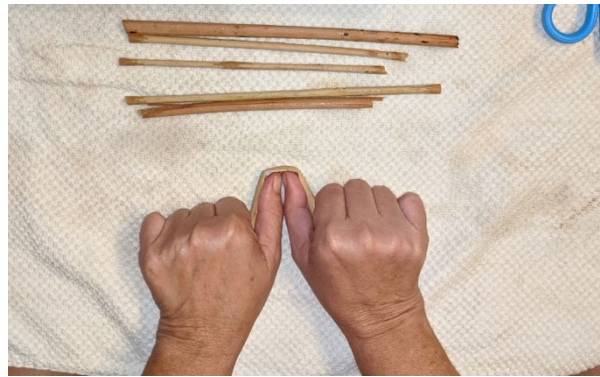
# How to Make a Tule Doll

## Step 1 →

- Soak dry tule stick for 10 minutes in water.

## Step 2 →

- Take the wet tule stick and bend it around your thumbs.



## Step 3 →

- Repeat step 2 with another tule stick then lay them over one another.



Step 4→

- Wrap a long, thin tule stick around layered tules to create a head and arms.



Step 5→

- Wrap yarn around the tules to tie them together and hold the arms in place. Tie extra pieces to add decoration to your Tule Doll.



*Tule Ponds at Tysons Lagoon Wetland  
Center, Managed by Math Science Nucleus  
[Field@msnucleus.org](mailto:Field@msnucleus.org)*